



GREEK MINISTRY OF EDUCATION
AND RELIGIOUS AFFAIRS
REGIONAL DIRECTORATE OF PRIMARY
AND SECONDARY EDUCATION
OF WESTERN MACEDONIA



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WORKSHOP 1

HOPE4schools

Health, openness, and prosperity education for schools

2021-1-RO01-KA220-SCH-000024401



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OBJETIVOS:

Reconhecer emoções básicas, praticar e reconhecer emoções no outro; diferentes pontos de observação da situação.

PASSO 1: Todos os alunos recebem cartões com emoções (felicidade, tristeza, surpresa, raiva e medo).

PASSO 2: O professor projeta as fotos/ imagens. Os alunos escolhem um cartão que descreva o que sentiram quando viram a foto/ imagem.

PASSO 3: Os alunos são agrupados de acordo com a sua escolha de emoções: positivas ou negativas.

PASSO 4: Os alunos explicam porque é que sentiram emoções negativas.

PASSO 5: Os alunos que escolheram emoções positivas tentam mudar o ponto de vista dos outros, partilhando o porquê de associarem emoções positivas à foto/ imagem e dizerem porque é que a acham bela.



Exemplos de fotos/ imagens

Cartões com emoções



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